

# NOVEMBER 2023



# READ to RISE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 When you read today, point out items on the page and talk about them.	2 Sing "The Itsy-Bitsy Spider".	3 When you share a book today, allow your child to turn the pages.	4 Draw the outline of your child's hand and write the date. Then, let them sign it.
5 Encourage your child to lead their own story time at home.	6 Select a number of the day. Look for it during the day. Count toys up to that number. Practice writing it.	7 Explore a pumpkin with all your senses: see, touch, smell, hear, taste.	8 Tell a story without a book. This encourages child participation and word understanding.	9 Sing (and/or dance to) your favorite song from story time.	10 Read a non-fiction book about something that interests your child.	11 Draw a picture using only two colors.
12 Have unstructured play time. It builds imagination!	13 Use finger plays and songs to learn numbers. Try "Five Green and Speckled Frogs"!	14 What happens when you mix vinegar and baking soda?	15 Talk back to your child. Respond to their gurgling and babbling. Have a conversation!	16 Sing "A Sailor Went to Sea". Clap, stomp or snap when you sing the word sea.	17 Be a reading role model. Let your child see you reading!	18 Practice writing your numbers 1 through 10. Make it fun with pudding or shaving cream!
19 Pretend you are a turkey. How would you move? Where would you go?	20 Count and organize your snack.	21 Smell all the spices in your kitchen. Which one is your favorite?	22 Read a wordless book. This allows your child (and you) to make up their own story.	23 Have a dance party with classical music.	24 Go outside and read a book with your family.	25 Go outside and use rocks to form shapes and/or letters.
26 Can you hop on one foot? How many times?	27 Find and count five yellow things in your house.	28 Talk about shadows. Then, find and make them.	29 Take turns acting like an animal. Can you guess what the animal is?	30 Drum along to a song using a household object—like a coffee can or pan.		 615-862-5750